

Regina Marie Lewis

Achiever | Relator | Connectedness | Analytical | Discipline

210 Funkhouser Building | Lexington, KY 40506

Regina.Lewis@uky.edu

Curriculum Vitae

EDUCATION

University of Kentucky; Lexington, KY

- Doctor of Philosophy in Public Policy and Administration May 2025
- Master of Science in Nutritional Sciences; emphasis in Community Nutrition May 2013
- Bachelor of Science in Human Nutrition Aug 2011
 - College of Agriculture Study Abroad - Ghana

University of New Mexico; Albuquerque, NM

- National Student Exchange Fall 2009

PROFESSIONAL EXPERIENCE

University of Kentucky, Lexington, KY

Mar 2020 - Present

Research Coordinator and DHN Budget Support

- Manage baseline and post-implementation data collection of 4-year R1 NIH-funded grant.
- Manage ongoing research evaluating implementation of evidence-based processes.
- Coordinate day-to-day operations to uphold recruitment, data collection, and analysis protocols.
- Supervise team members and enhance collaborative efforts.
- Secure handling, organization, and storage of research materials.
- Evaluate expenditures, maintain documentation and analyze reporting for projects and department.

Contractor, Lexington, KY

Oct 2019 - Mar 2020

Virtual Assistant

- Analyzed research of current trends in financial industry and create presentations for keynote speakers.
- Improved personal and business brand awareness through social media channels.
- Provided client acquisition insight to business owners focused on revenue growth.

Crowe Horwath, LLP (acquired SDGblue), Lexington, KY

Apr 2017 – Sep 2019

Senior Consulting Resource Coordinator

- Managed engagement scheduling for 150+ Financial Service associates, partners, and directors.
- Collaborated with Consulting Partners to provide adequate resourcing for optimal client satisfaction.
- Provided weekly analysis of actual and forecasted productivity on budgetary impacts for Consulting resources.
- Aided new resources through the onboarding process.

SDGblue, LLC, Lexington, KY

Aug 2013 – Mar 2017

IT Resource and Process Coordinator (Jan 2016 – Mar 2017)

- Operated as the second point of contact for client support needs.
- Coordinated service boards and scheduling of technical resources to provide IT solutions for client support.
- Led efforts in evaluating and analyzing the performance of current processes and recommended improvements.
- Documented vital statistics, analyzed, and created reports of key metrics.

Technical Editor (Aug 2013 – Aug 2016)

- Reviewed, revised, and approved documents before submission to clients.
- Corrected errors in spelling, syntax, formatting, and punctuation for technical reports.
- Proofread and edited documents to improve readability for clients.
- Verified facts, dates, and data used as reference sources.

Mosaic Lexington, Lexington, KY

Jan 2014 – Dec 2017

Executive Administrative Officer

- Led multi-ethnic community groups and mentored new members assimilating into the church.
- Functioned as primary source of weekly communication between staff and congregation.
- Planned and executed membership courses and other events for community members.
- Managed website, calendar and scheduling of community events.
- Collected information from all visitors and maintained a database of members and visitors.
- Created and maintained congregational directory.
- Counted weekly tithes, documented income and expenses, and performed bank transactions.
- Documented minutes for staff meetings and members meetings.
- Coordinated assimilation of new members into community groups.

Humble Humanity Inc., Lexington, KY

Aug 2013 – Dec 2015

Executive Administrative Officer

- Managed scheduling and coordinated travel needs for executive staff.
- Planned and coordinated professional development events for local businesses.
- Worked with CEO, COO to create and enhance systems to maximize productivity and team awareness.
- Collaborated with CFO to document financial transactions and ensure accuracy in all archives.
- Managed bank deposits, legal documents, procurement of office supplies, and mail processing.
- Recruited high school students for a unique character and leadership program.
- Coordinated student involvement in volunteer service with local elementary schools.
- Communicated critical information to executive staff, clients, and benefactors.
- Authored multiple proposals for grant requests.

University of Kentucky, Lexington, KY

May 2011 - May 2013

Research Assistant

- Developed strategies to recruit participants for clinical research and maintained all records of data.
- Created solutions to increase participant compliance to research protocols.
- Authored and published literature of the efficacy of vitamin interactions in athletes.
- Revised current literature submitted for publication.
- Encoded data into Redcap software; analyzed data using SPSS 20, and presented findings at national conferences.

COMMUNITY INVOLVEMENT

- William Wells Brown Neighborhood Association 2017 – 2020
- Equestrian View Homeowners Association President; Social Chair; Board Member 2016 - 2020
- Mosaic Lexington Service Liaison 2014 - 2020
- Financial Coaching and Literacy Courses 2018 - 2019
- Lexington Office Lead for Diversity and Inclusion at Crowe 2018 - 2019
- William Wells Brown Elementary Classroom Volunteer 2014 - 2015

CERTIFICATIONS AND HONORS

- Presidential Volunteer Service Award 2017, 2018, 2019
- Ramsey Solution Master Financial Coach 2018
- Bluegrass Community Foundation Neighborhood Grant Recipient 2017 - 2018
- Bailey Provost Scholarship Recipient 2012
- Lyman T. Johnson Fellowship Recipient 2011-2013
- National Society of Collegiate Scholars 2011
- William C. Parker Academic Scholarship 2007 - 2011
- University of Kentucky College of Agriculture Study Abroad Scholarship 2010
- Center for Public Anthropology Excellence in Writing on Public Issues 2009

PUBLICATIONS

- Lewis RM, Redzic M, Thomas DT. The Effects of Season-Long Vitamin D Supplementation on Collegiate Swimmers and Divers. Int J Sport Nutr Exerc Metab. 2013;23(5):431-440. doi:10.1123/ijsnem.23.5.431
- Redzic M, Lewis RM, Thomas DT. Relationship Between 25-hydroxyvitamin D, Muscle Strength, and Incidence of Injury in Healthy Adults: A Systematic Review. Nutr Res. 2013;33(4):251-258. doi:10.1016/j.nutres.2013.02.007

FEATURED ARTICLES

- [Crowe Volunteer Spotlight: Regina Lewis: Regina promotes financial literacy among families in her community](#)
- [Meet Crowe's Regina Lewis: Regina expands her cultural awareness by joining all of Crowe's People Resource Networks](#)