

REGINA M. LEWIS

Harmony | Empathy | Achiever | Belief | Relator

University of Kentucky
414 Patterson Office Tower
Lexington, KY 40506

Email: Regina.Lewis@uky.edu
Web: sites.google.com/view/reginamlewis
Phone: (859) 562-1693

Education

University of Kentucky; Lexington, KY

Doctor of Philosophy in Public Policy and Administration	May 2025
Master of Science in Nutritional Sciences; Community Nutrition	May 2013
Bachelor of Science in Human Nutrition	Aug 2011
College of Agriculture Study Abroad – Ghana	May 2010

University of New Mexico; Albuquerque, NM

National Student Exchange	Fall 2009
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Research Experience

University of Kentucky, Lexington, KY

<i>Public Policy Graduate Research Assistant</i>	2023-present
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1. Disparate Risk and Burden in the Student Loan System
Funded by Arnold Ventures

University of Kentucky, Lexington, KY

<i>Dietetics and Human Nutrition Research Coordinator</i>	2020-2023
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1. Food as Health Alliance: Fresh Funds for Moms.
2. Evaluation of implementation and effectiveness of Pathways to Wellness.
3. RAAS Lab: Renin-Angiotensin Aldosterone System Analytical Lab.
4. DIP Study: Are Aldosterone levels low at time of diagnosis of preeclampsia?
5. PNET Study: Formative work to inform development of a nutrition curriculum for expectant families and primary caregivers of infants and toddlers with limited resources.
6. SNACK Study: Evaluating impact and equity of translating new state-level policies into obesity prevention practices in child care centers in Kentucky. Funded by UK Center for Health Equity Transformation.
7. GO NAPSACC Study: A hybrid effectiveness-implementation trial of Go NAPSACC: A childcare-based obesity prevention program. Funded by National Institute of Health.
8. Registered Dietetics and Nutrition Professional Development Content Analysis.

University of Kentucky, Lexington, KY

<i>Nutritional Sciences Graduate Research Assistant</i>	2011-2013
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1. Vitamin D Supplementation in Collegiate Athletes

Professional Experience

Rooted Lex, Lexington, KY <i>Digital Marketing Entrepreneur</i>	2019-2020
Crowe Horwath, LLP (acquired SDGblue), Lexington, KY <i>Senior Consulting Resource Coordinator</i>	2017-2019
SDGblue, LLC, Lexington, KY <i>IT Resource and Process Coordinator</i> <i>Technical Editor</i>	2016-2017 2013-2016
Mosaic Lexington, Lexington, KY <i>Executive Administrative Officer</i>	2014-2017
Humble Humanity Inc., Lexington, KY <i>Executive Administrative Officer</i>	2013-2015

Teaching Experience

1. Guest Lecturer on Race, Policy, and Homeownership. PPL 201: Introduction to Public Policy. Martin School of Public Policy and Administration, University of Kentucky. November 2022.
2. Policy Coach. Technological Opportunities in Energy and Environment. High School Student Congress. Henry Clay Center, University of Kentucky. June 2022.

Academic Research Engagement

1. Rajade Berry-James, **Regina M. Lewis**, Amidu Kalokoh, Keandra Davis, Kenneth Dukes, Arsene Frederic Jr, Brittany Houston, Vernise Estorcién, Jose Scott. "We vote with our Feet: Voices and Choices of URM Students." *NAPA Conference on Social Equity Leadership*. Kansas City, MO. June 2023.
2. **Regina M. Lewis**. "The Racial Wealth Gap and Differential Risk of Entrepreneurship." *University of Kentucky United in True racial Equity (UNITE) Research Showcase*. Lexington, KY. April 2023.
3. Cochran G, **Lewis RM**, Dlugonski D, Adatorwovor R, Ingram R, Rous B, Williams C, Luecking C. "Who participates? Representation in Kentucky childcare programs in evaluation of new health promotion regulations." 2023 CCTS Spring Conference. Lexington, KY. March 2023.
4. **Regina M. Lewis**. "Two Americas – Racial Stratification and the Economy." *Association of Public Policy Analysis and Management*. November 2022.
5. **Regina M. Lewis**, Kevin Pearson. "Recruitment and Retention of Diverse Faculty, Staff, and Students." *University of Kentucky United in True racial Equity (UNITE) Membership Luncheon*. Lexington, KY. November 2022.
6. Cortney Sanders, Jason Bailey, Rajeev Darolia, **Regina M. Lewis**. "The Racial Wealth Gap, Government Health Benefits, and Economic Inequality." *Kentucky Law Journal Symposium*. Lexington, KY. October 2021.
7. **Regina M. Lewis**, Maja Redzic, Peter Shores, David Thomas. "25(OH)D Status is Not Related to Bone Mineral Density of Inflammatory Cytokines in Collegiate Athletes." *American College of Sports Medicine*. San Francisco, CA 2012.

Publications

1. **Lewis, RM**, Sullivan A. The Black Butterfly: The Harmful Politics of Race and Space in America, Journal of Public Affairs Education, 2021. DOI: 10.1080/15236803.2021. 1985412
2. Redzic M, **Lewis RM**, Thomas DT. Relationship Between 25-hydroxyvitamin D, Muscle Strength, and Incidence of Injury in Healthy Adults: A Systematic Review. Nutr Res. 2013;33(4):251-258. doi:10.1016/j.nutres.2013.02.007
3. **Lewis RM**, Redzic M, Thomas DT. The Effects of Season-Long Vitamin D Supplementation on Collegiate Swimmers and Divers. Int J Sport Nutr Exerc Metab. 2013;23(5):431-440. doi:10.1123/ijsnem.23.5.431
4. **Lewis, RM**, Redzic, M., Shores, P. B., & Thomas, D. T. 25 (OH) D Status is Not Related to Bone Mineral Density or Inflammatory Cytokines in Collegiate Athletes. Medicine and Science in Sports and Exercise (Vol.44, p950-950). Lippincott Williams & Wilkins. 2012

Academic Honors and Awards

2023	Center on Race and Wealth at Howard University and the Institute for Research on Poverty of the University of Wisconsin–Madison. 2023 Graduate Student Workshop. Washington, DC. May 2023.
2023	First place Award for Graduate/Postdoctoral Research. University of Kentucky United in True racial Equity (UNITE) Research Showcase. April 2023.
2022	University of Kentucky Women’s Forum Employee Education Assistance Award
2017-2019	Presidential Volunteer Service Award
2017-2018	Bluegrass Community Foundation Neighborhood Grant Recipient
2012	Bailey Provost Scholarship Recipient
2011-2013	Lyman T. Johnson Fellowship Recipient
2007-2011	William C. Parker Academic Scholarship
2010	University of Kentucky College of Agriculture Study Abroad Scholarship
2009	Center for Public Anthropology Excellence in Writing on Public Issues

Community Involvement

2022-	All God’s Children, Inc. Board Member
2021-	Every Nation Lexington Hospitality Liaison
2017-2020	William Wells Brown Neighborhood Association
2016-2020	Equestrian View Homeowners Association President; Social Chair; Board
2014-2020	Mosaic Lexington Service Liaison
2018-2019	Financial Coaching and Literacy Courses
2018-2019	Crowe LLP, Lexington Office Lead for Diversity and Inclusion
2014-2015	William Wells Brown Elementary Classroom Volunteer

Professional Organizations

2020 -	Association for Public Policy Analysis and Management
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Faculty Mentor and Dissertation Chair

Rajeev Darolia

Wendell H. Ford Professor of Public Policy & Economics

University of Kentucky

859-323-7522 | Rajeev.Darolia@uky.edu

www.rajeevdarolia.com